

To receive a registration form, send an e-mail to robdanen@gmail.com.



The Choice to Feel for Men™ takes your experience of life to a new level.

The Choice to Feel is about connecting with the perhaps hidden and protected part of your being and consciousness that can be called Feeling, Intuition, Imagination.

We are trained, programmed, required & expected to depend on our rational and logical capabilities while navigating the world of work and relationships, using primarily the functions of the Left Hemisphere of the brain. This is much like walking on just one of two legs. We are moving in a world that does not value feeling, intuition and fluid imagination as worthwhile male qualities.

In *The Choice to Feel for Men*, you will :

- awaken qualities of yourself that are lying dormant
- experience what life can be like when feeling is fully integrated into your daily life
- learn to access the power of choice in every moment
- discover the ability to change your life instantly
- shatter old patterns and shift consciousness to the realm of creativity & infinite possibilities

You will unmistakably see and feel it as it happens.

In *The Choice to Feel for Men*, we provide an environment dedicated to supporting male energy. This allows us to check out the nature of our feelings. In ways that are natural appropriate and meaningful to a man, venturing into the realm of feeling, intuition, imagination, creativity and power. Men side by side on an experiential journey of discovery.

Men and women think and feel in completely different ways. We have found that often, in most workshops, there is a majority of women present creating an environment where men typically, quietly, withdraw and do not or cannot truly express their needs. Thus we deny ourselves the support and challenges we need to become fully alive.

The Choice to Feel for Men is a mental, emotional & spiritual expedition. Kate will escort us through exercises and processes focused on creating and stimulating intuition, imagination and feeling. This work will be done with the group as a whole, individually or in small sub-groups. Kate will use a variety of methods, including storytelling, discussion, journaling, movement, body-mind integration and energetic & empathic healing. Time and energy will be dedicated to dealing with & healing the specific issues, problems, challenges and questions that we bring to the table. You will be offered tools and processes that allow you to translate your workshop experience into daily life.

It is a truly unique method.

Contact person	Rob Danen E: robdanen@gmail.com M: +31 (0)6 34023806
Workshop dates	11 & 12 February 2012
Location	“De Roos” in Amsterdam, http://www.roos.nl/
Time schedule	Saturday 9:30h – 17:30h, Sunday 9:30h – 17:30h Workshop room opens on 9:15h on both days “De Roos” opens at 8:30h
Group size	Max. 14 men
Workshop fee	275 euro
Prerequisites	Kate’s working language is English. A basic command of the English language is therefore required. Translation will be supported.

