

“The Choice to Feel”™ For High Sensitives & Empaths with Kate Rose

**Ft. Lauderdale, Fla USA - 21&22, January 2012
Apeldoorn, The Netherlands - 18 &19 February 2012
Florence, Italy, Tuscany March 2012
St.Clar, South of France May 2012**

“The Choice to Feel is a transformational gateway which empowers your deepest gifts, connecting you the highest expression of who you are. Simply, directly, quickly, easily.”



It is a special time, for special people.

Kate Rose, an Empathic Intuitive Healer, has in her “Choice to Feel”™ workshops created a beautiful, protected and sacred space where the dynamic reality of Empathic & High Sensitivity living is received, explored, balanced, empowered and healed.

Kate is known worldwide for her gift in joyfully and fearlessly empathically entering oneness with each precious individual in a state of compassionate unconditional love & non-judgmental-ness. The gift she offers is her ability to locate, access and transform feeling patterns, to see and feel the structure of our vibrational energy fields, creating movement and healing from the core of our spiritual heart /soul self.

Kate moves within the dance of the physical, mental ,emotional, spiritual ,vibrational, & the energetic; both creating and translating the language & experience of Feeling and High Sensitivity in a tender yet powerful way that accurately describes each feeling as it arises, and in that moment of conscious meeting transformation always occurs.

"You are a special person. You have a unique gift. The world needs you. We need each other. It is time to come together , to share our gifts, to grow and transform, to finally stand together and joyfully powerfully claim who we are."

Each Empathic & High Sensitive Human Being is unique. Rediscover that:

- you have a Choice about everything
- you can transform pain, grief, fear instantly
- remove physical, mental ,emotional and spiritual blockages,
- reshape and strengthen your energetic field
- recognize expand and learn to skillfully use your empathic sensitivities
- learn how to establish clear energetic and vibrational boundaries
- rediscover joy, happiness, peace, vitality balance of mind body spirit

The language of feeling is a tangible reality. As you discover and develop this profound tool of consciousness , this natural, forgotten, excluded, denied core element of your being, the effect on your mind, body, emotions, heart & soul is instant, measurable and visible, joyful.

Empathy is the part of your deepest self that you may have felt you had to set aside, to hide, and thus you have lived with this, your greatest gift, your core exquisite self left behind or hidden from this strange world that does not know what feeling is. By choosing to open to feeling the parts of yourself that you both love and fear, that you long to find, you instantly become in touch with your infinite nature and all the possibilities waiting inside you to be found.



The Choice to Feel..... Welcome Home

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For Information & Registration Please Contact: katerose7@gmail.com

Workshop Fee: 375.00 pre-registration required

FLA. Location TBA

www.thechoicetofeel.com

(my site is under re-construction! Please be patient! Thank you)

